20 HYGGE-INSPIRED THINGS TO DO THIS SUMMER

1. HAVE A SLOW MORNING OUTSIDE – TAKE YOUR COFFEE OR TEA OUTSIDE, BREATHE IN THE FRESH AIR, AND LISTEN TO THE BIRDS.

2. MAKE HOMEMADE ICE CREAM – NOTHING SAYS SUMMER LIKE CHURNING UP A BATCH OF CREAMY, HOMEMADE GOODNESS.

3. HOST A BACKYARD PICNIC – SPREAD OUT A BLANKET, FILL A BASKET WITH FRESH BREAD, CHEESE, AND FRUIT, AND SOAK UP THE SUNSHINE.

4. READ A BOOK IN A HAMMOCK – FIND A SHADY SPOT, GRAB A COZY BOOK, AND LET YOURSELF GET LOST IN THE PAGES.

5. CANDLELIT OUTDOOR DINNER – SET THE TABLE OUTSIDE, LIGHT SOME CANDLES, AND ENJOY A SLOW SUMMER MEAL UNDER THE STARS.

6. FORAGE FOR WILDFLOWERS – GATHER A BOUQUET OF WILDFLOWERS AND PLACE THEM IN A SIMPLE JAR FOR A TOUCH OF NATURAL BEAUTY.

7. MAKE SUN TEA – LET THE SUN WORK ITS MAGIC, INFUSING TEA WITH A GENTLE WARMTH THAT TASTES LIKE SUMMER IN A GLASS.

8. HAVE A NO-TECH EVENING – LIGHT CANDLES, PLAY A BOARD GAME, OR JUST SIT ON THE PORCH AND TALK AS THE SUN SETS.

9. GO BERRY PICKING – PICK FRESH BERRIES AND TURN THEM INTO A PIE, JAM, OR SIMPLY ENJOY THEM BY THE HANDFUL.

10. TAKE A SCENIC DRIVE WITH THE WINDOWS DOWN – NO RUSH, JUST THE OPEN ROAD, FRESH AIR, AND A FAVORITE PLAYLIST.

11. BAKE A FRUIT COBBLER FROM SCRATCH – USE SEASONAL FRUITS LIKE PEACHES, BLACKBERRIES, OR CHERRIES FOR A DELICIOUS HOMEMADE TREAT.

12. CREATE A COZY OUTDOOR NOOK – ADD SOME PILLOWS, STRING LIGHTS, AND A THROW BLANKET FOR THE PERFECT HYGGE HIDEAWAY.

13. WRITE LETTERS TO FRIENDS OR FAMILY – SLOW DOWN WITH HANDWRITTEN LETTERS INSTEAD OF QUICK TEXTS.

14. TAKE AN EVENING STROLL AFTER DINNER – WALK BAREFOOT IN THE GRASS OR ALONG A QUIET COUNTRY ROAD AS THE DAY COOLS OFF.

15. DIY HERBAL INFUSED HONEY – MIX FRESH HERBS LIKE LAVENDER OR CHAMOMILE WITH HONEY FOR A SIMPLE HOMEMADE TREAT.

16. WATCH THE SUNSET WITH A COLD DRINK IN HAND – NO DISTRACTIONS, JUST YOU AND THE PAINTED SKY.

17. HAVE A COZY BONFIRE NIGHT – ROAST MARSHMALLOWS, SIP ON SOMETHING WARM, AND SHARE STORIES UNDER THE STARS.

18. GO TO A FARMER'S MARKET & COOK A SEASONAL MEAL – LET THE FRESH PRODUCE INSPIRE YOUR NEXT MEAL.

19. MAKE A SIMPLE SUMMER WREATH – USE WILDFLOWERS, DRIED HERBS, OR GREENERY TO CRAFT A HOMEMADE WREATH.

20. LAY IN THE GRASS AND WATCH THE CLOUDS – NO AGENDA, NO RUSH—JUST THE SIMPLE JOY OF WATCHING THE SKY CHANGE.